

## PROGRAM OVERVIEW AND GOAL

The majority of mental health services are delivered in the primary care setting, where psychiatric and medical disorders are first diagnosed.

This program will provide a summary of the latest clinical data and research findings, address key issues in patient management and focus on the treatment strategies required to achieve the most favorable results to improve patient outcome.

With additional knowledge, physicians will be better able to identify risk factors associated with these disorders in order to provide better patient care.

## NEEDS ASSESSMENT

To gain a better understanding of current, critical issues in psychiatry and new developments in scientific research involving advances in the etiology of sleep, anxiety, depression and bipolar disorders as well as attention-deficit hyperactivity disorder (ADHD) including new treatment modalities, and the importance of individualization of care.

## TARGET AUDIENCE

This activity has been designed to meet the educational needs of psychiatrists, neurologists, primary care and internal medicine physicians, pediatricians and other healthcare providers interested in acquiring additional knowledge concerning psychiatric disorders.

## ACCREDITATION AND CREDITS

EXCEL Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

EXCEL Continuing Education designates this educational activity for a maximum of **four AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

EXCEL Continuing Education is a FL Board of Nursing accredited provider (50-619) and designates this activity for four contact hours.

## AGENDA

8:00 AM	Registration, Breakfast and Exhibits
8:50 AM	Welcome and Introductions <i>Amit K. Vijapura, MD</i>
9:00 AM	<b>Managing Sleep Disorders</b> <i>Karl Doghramji, MD</i>
10:00 AM	<b>Anxiety Disorders and Treatment Update</b> <i>Jair C. Soares, MD</i>
11:00 AM	Coffee Break and Exhibits
11:10 AM	<b>Attention Deficit Hyperactivity Disorder: Latest Assessment and Treatment Strategies</b> <i>Amit K. Vijapura, MD</i>
12:00 noon	<b>Depression vs. Bipolar Disorders: Reaching the Right Diagnosis</b> <i>Ewald Horwath, MD</i>
1:00 PM	Adjourn

## ACKNOWLEDGEMENTS

At press time, this activity is supported through educational grants from the following:



## EDUCATIONAL OBJECTIVES

After completing this activity, the participant should be able to:

- Analyze the latest research and clinical data regarding various psychiatric disorders
- Incorporate the latest evidence into individualized treatment plans
- Translate knowledge improvement into practice improvement with a goal of improving outcomes of patients with mental illness

## FACULTY DISCLOSURE STATEMENT

As a provider accredited by the ACCME, it is the policy of EXCEL Continuing Education to require disclosure of the existence of any significant financial interest or any other relationship the faculty members have with the manufacturer(s) of any commercial product(s) discussed in an educational presentation. Any discussions of unlabeled/unapproved uses of drugs or devices will be disclosed to the audience prior to the activity. Full disclosure will be made in the course materials.

## DISTINGUISHED FACULTY

### Moderator/Conference Medical Director

**Amit K. Vijapura, MD**  
Psychiatrist in Private Practice  
Principal Investigator  
Jacksonville, FL

### FACULTY

**Karl Doghramji, MD**  
Professor  
Department of Psychiatry and  
Human Behavior  
Thomas Jefferson University  
Jefferson Medical College  
Philadelphia, PA

**Amit K. Vijapura, MD**  
Psychiatrist in Private Practice  
Principal Investigator  
Jacksonville, FL

**Jair C. Soares, M.D.**  
Yeagan Distinguished Professor of Psychiatry  
Director, UNC Center of Excellence for Research  
and Treatment of Bipolar Disorders  
Department of Psychiatry  
UNC School of Medicine  
Chapel Hill, NC

**Ewald Horwath, MD**  
Professor of Psychiatry & Behavioral Sciences,  
Epidemiology & Public Health  
Executive Vice-Chair, Department of Psychiatry  
and Behavioral Sciences  
Executive Medical Director, UMBH  
University of Miami  
Miami, FL

## NEW DIRECTIONS IN PSYCHIATRY 2009

SATURDAY, FEBRUARY 28, 2009  
THE MARRIOTT HOTEL  
4670 SALISBURY ROAD  
JACKSONVILLE, FL



MARRIOTT HOTEL  
4670 SALISBURY ROAD  
JACKSONVILLE, FL 32256  
HOTEL PHONE #: 904-296-2222

## NEW DIRECTIONS IN PSYCHIATRY 2009

Saturday, February 28, 2009

**THERE IS NO CHARGE FOR PROGRAM REGISTRATION - REGISTER TODAY!**

LAST NAME FIRST NAME

DEGREE:  MD or DO  NP, RN, LPN  OTHER

ADDRESS

CITY STATE ZIP CODE

PHONE NUMBER FAX NUMBER

E-MAIL

Do you want to be on our mailing list:  Yes  No

Please respond no later than 02/22/09. Limited Seating. For more information, call 305-630-9414.

You may either:

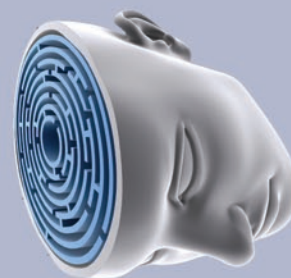
- Register on-line at [www.excelcmeconferences.com](http://www.excelcmeconferences.com)
- Fax the completed registration form to 786-263-0956
- Mail form to EXCEL Continuing Education, 7990 SW 64 Street, Miami, FL 33143

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NEW DIRECTIONS IN PSYCHIATRY 2009

SATURDAY, FEBRUARY 28, 2009  
Marriott Hotel – Jacksonville, FL



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# NEW DIRECTIONS IN PSYCHIATRY 2009

SATURDAY, FEBRUARY 28, 2009

THE MARRIOTT HOTEL  
4670 SALISBURY ROAD  
JACKSONVILLE, FL

8:00 AM – 1:00 PM



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SYMPOSIUM MEDICAL DIRECTOR  
AMIT K. VIJAPURA, MD