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UPDATE IN THE MANAGEMENT OF PSYCHIATRIC DISORDERS SYMPOSIUM

Saturday, October 18, 2008

THERE IS NO CHARGE FOR PROGRAM REGISTRATION - REGISTER TODAY!

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DEGREE: MD or DO NP, RN, LPN OTHER

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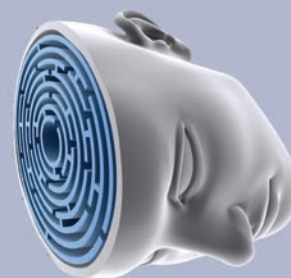
- Register on-line at www.excelcmeconferences.com
- Fax the completed registration form to 786-263-0956
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Colonnade Hotel
Coral Gables, FL 33134



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SATURDAY, OCTOBER 18, 2008

SYMPOSIUM MEDICAL DIRECTOR
JORGE I. CASARIEGO, MD, PA
CHAIRMAN, DEPARTMENT OF PSYCHIATRY



THE COLONNADE HOTEL
180 ARAGON AVENUE
CORAL GABLES, FL

SPONSORED BY:
EXCEL CONTINUING EDUCATION
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8:00 AM - 1:00 PM

NEEDS ASSESSMENT AND SYMPOSIUM GOAL

The focus of this symposium is to update the psychiatric, medical and mental health communities on a variety of disorders that affect the patient population.

The majority of mental health services are delivered in the primary care setting, where psychiatric and medical disorders are first diagnosed. This activity will review a variety of anxiety disorders including panic, generalized anxiety, social anxiety, obsessive-compulsive, and posttraumatic stress as well as attention-deficit hyperactivity disorder (ADHD), sleep disorders, depression and bipolar disorders.

With additional knowledge, physicians will be better able to identify risk factors associated with these disorders in order to provide better patient outcomes.

TARGET AUDIENCE

This activity has been designed to meet the educational needs of psychiatrists, neurologists, primary care physicians and other healthcare providers interested in acquiring additional knowledge concerning psychiatric disorders.

EDUCATIONAL OBJECTIVES

After completing this activity, the participant should be able to:

- Identify the pharmacologic treatment options for acute and chronic insomnia
- Review strategies for the management of insomnia in special populations
- Diagnose sleep disorder patients
- Explain the evolving concept of sleep maintenance
- Discuss the epidemiology of ADHD from childhood through adulthood
- Outline the current understanding of the etiologies of ADHD
- Discuss the impact of ADHD symptoms on function
- Review the clinical presentation of generalized anxiety disorder, obsessive-compulsive disorder, panic disorder, post-traumatic stress disorder and social phobia/social anxiety disorder
- Identify the common comorbidities that may complicate recognition and management for generalized anxiety disorder, obsessive-compulsive disorder, panic disorder, post-traumatic stress disorder and social phobia/social anxiety disorder
- Discuss evidence-based approaches to manage the symptoms of generalized anxiety disorder, obsessive-compulsive disorder, panic disorder, post-traumatic stress disorder and social phobia/social anxiety disorder
- Discuss the importance of screening for depression
- Distinguish and discuss bipolar depression and unipolar depression

AGENDA

8:00 AM	Registration and Breakfast
8:50 AM	Welcome and Introductions <i>Jorge I. Casariego, MD, PA</i>
9:00 AM	Managing Sleep Disorders <i>Karl Doghramji, MD</i>
10:00 AM	Early Risk Factors for ADHD <i>David A. Baron, DO</i>
11:00 AM	Coffee Break
11:10 AM	The Spectrum of Anxiety Disorders: A Complete Review and Treatment Update <i>Jair C. Soares, M.D.</i>
12:15 PM	Depression vs. Bipolar Disorders: Reaching the Right Diagnosis <i>Ewald Horwath, MD</i>
1:00 PM	Adjourn

ACKNOWLEDGEMENTS

Thank you to the following companies for supporting this symposium:



ACCREDITATION AND CREDITS

EXCEL Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

EXCEL Continuing Education designates this educational activity for a maximum of **four AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

EXCEL Continuing Education is a FL Board of Nursing accredited provider (50-619) and designates this activity for **four contact hours**.

FACULTY DISCLOSURE STATEMENT

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DISTINGUISHED FACULTY

Moderador/Conference Medical Director

Jorge I. Casariego, MD, PA
Chairman, Department of Psychiatry
Mercy Hospital
Voluntary Associate Professor of Psychiatry
University of Miami Miller School of Medicine
Department of Psychiatry
Miami, Florida

FACULTY

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Jair C. Soares, M.D.
Yeagan Distinguished Professor of Psychiatry
Director, UNC Center of Excellence for Research and Treatment of Bipolar Disorders
Department of Psychiatry
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Chapel Hill, NC

Ewald Horwath, MD
Professor of Psychiatry & Behavioral Sciences,
Epidemiology & Public Health
Executive Vice-Chair, Department of Psychiatry
and Behavioral Sciences
Executive Medical Director, UMBH
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Miami, FL

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